



Annual Statistics for District of Columbia
November 1, 2024 – October 31, 2025

District of Columbia Statistics for Utilization Management Approvals, Adverse Determinations, and Appeals 11/01/2024 – 10/31/2025	Discussion
Specialties of physicians reviewing prior authorization requests or appeals	Ophthalmology and Optometry
Types of medication, tests, procedures, or treatment in which approval was being sought.	Routine Vision, Medical Necessary Optometry and Medically Necessary Contact Lenses
Medical indication offered in each request;	Routine Vision, Medical Necessary Optometry and Medically Necessary Contact Lenses
Reasons for an adverse determination	Not medically necessary, lack of clinical documentation, benefit denial